



Anatomy of disruptionwhy it hits leadership hardest







Detection

Escalation

Strategic Impact



Cyber crises don't stay in the SOC



Technical issue → Operational disruption → Reputation & leadership crisis.



Muscle memory > binders of plans





From theory to practiced response



Key Takeaways



Treat your response plans as *living systems*, not static documents; exercise them to expose blind spots before reality does.

How confident are you that the underlying people driven systems stand up to pressure?

Offline or printed copies of the plan

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